



Riding for the Disabled Association of Western Australia

Carine Group Incorporated

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Developing abilities and enriching lives through equestrian activities

To Whom it May Concern

The Riding for the Disabled Association of Western Australia - Carine Group Inc (RDA Carine) Program combines the transformative power and the beneficial effects of horse riding for participants with disabilities. The warmth and three dimensional movement of the horse is transferred to the participants body, making it more relaxed and supple, strengthening core stability and improving balance, posture and coordination. This is achieved by RDA Carine providing a Support Service for the participation in equestrian activities that expand the horizons, develop the abilities and enrich the lives of children and adults with a disability.

RDA Carine differs to other recreational equestrian centres. Our Program is specifically designed for people with disabilities and is run by our Riding for the Disabled Association of Australia (RDAA) nationally qualified and accredited Coaches. With the assistance of our trained Volunteers and accredited horses, our Program provides the professional and highly specialised reasonable and necessary Support Service to enable participants with a disability the choice to access equestrian activities and environments they may not have access to previously.

The Equine Program is not focused on participants learning how to ride a horse, but specifically designed for participants to benefit physically and mentally from the organic movement of a horse and the emotional reward for their personal growth and development.

The wide range of benefits of the involvement of participants with a disability in the RDA Carine Equine Program are Physical and Sensory, Psychological, Educational, Social, Community interaction and participation and overall encouraging the development of many skills and independence required for many daily living activities.

RDA Carine do not charge the NDIS or participant for the cost of the horse riding activity itself. We charge for the highly specialised "Reasonable and necessary Support Service provided for the Riding Activity" (specific to the individual) required for the participant to undertake the riding activities involved our Equine Program.

The RDA Carine "Reasonable and necessary Support Service for the Riding Activity" has been categorised as recreational activities and NDIS funds for our Program are allocated from the NDIS Plan Core Supports Budget under the line item Assistance to access Community, Social and Recreational Activities (Item Ref No: 04_104_0125_6_1). The Capacity Building Supports Budget funds may be used by Self-managed and Plan-managed participants.

The cost for an NDIS or Private funded participant for the "Reasonable and necessary Support Service provided for the Riding Activity" for a maximum of 38 sessions per calendar year is \$60 per hour session – Monday to Friday for a Total \$2,280 and \$65 per hour session – Saturdays only for a Total \$2,470.

Yours sincerely
Karan Worsdell
Administration Manager